



POIESIS: a phase III study of add-on navtemadlin in JAK inhibitor-naïve myelofibrosis patients with a suboptimal response to ruxolitinib

Pankit Vachhani, Abdulraheem Yacoub, Raajit Rampal, Terrence Bradley, Claire Harrison, Tania Jain, Andrew Kuykendall, Francesca Palandri, John Mascarenhas, Haifa Al-Ali, Francesco Passamonti, Wayne Rothbaum, Srđan Verstovsek & Florian H. Heidel

To cite this article: Pankit Vachhani, Abdulraheem Yacoub, Raajit Rampal, Terrence Bradley, Claire Harrison, Tania Jain, Andrew Kuykendall, Francesca Palandri, John Mascarenhas, Haifa Al-Ali, Francesco Passamonti, Wayne Rothbaum, Srđan Verstovsek & Florian H. Heidel (2026) POIESIS: a phase III study of add-on navtemadlin in JAK inhibitor-naïve myelofibrosis patients with a suboptimal response to ruxolitinib, *Future Oncology*, 22:7, 781-793, DOI: [10.1080/14796694.2026.2638989](https://doi.org/10.1080/14796694.2026.2638989)

To link to this article: <https://doi.org/10.1080/14796694.2026.2638989>



© 2026 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group.



[View supplementary material](#)



Published online: 07 Mar 2026.



[Submit your article to this journal](#)



Article views: 98



[View related articles](#)



[View Crossmark data](#)

POIESIS: a phase III study of add-on navtemadlin in JAK inhibitor-naïve myelofibrosis patients with a suboptimal response to ruxolitinib

Pankit Vachhani^a, Abdulraheem Yacoub^b, Raajit Rampal^c, Terrence Bradley^d, Claire Harrison^e, Tania Jain^f, Andrew Kuykendall^g, Francesca Palandri^h, John Mascarenhasⁱ, Haifa Al-Ali^j, Francesco Passamonti^{k,l}, Wayne Rothbaum^m, Srdan Verstovsek^m and Florian H. Heidelⁿ

^aDivision of Hematology / Oncology, University of Alabama at Birmingham, Birmingham, AL, USA; ^bDepartment of Internal Medicine, University of Kansas Medical Center, Kansas City, KS, USA; ^cDepartment of Medicine, Memorial Sloan Kettering Cancer Center, New York, NY, USA; ^dDivision of Hematology, University of Miami Sylvester Comprehensive Cancer Center, Miami, FL, USA; ^eHematology, Guy's & St Thomas' NHS Foundation Trust, London, UK; ^fHematology Oncology, Johns Hopkins University, Baltimore, MD, USA; ^gHematology / Oncology, Moffitt Cancer Center, Tampa, FL, USA; ^hIRCCS Azienda Ospedaliero-Universitaria di Bologna, Policlinico S. Orsola-Malpighi, Istituto di Ematologia "Seràgnoli", Bologna, Italy; ⁱTisch Cancer Institute, Icahn School of Medicine at Mount Sinai, New York, NY, USA; ^jHematology Oncology, University Hospital of Halle, Halle, Germany; ^kDipartimento di Oncologia ed Onco-Ematologia, Università degli Studi di Milano, Milan, Italy; ^lS.C. Ematologia, Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy; ^mKartos Therapeutics, Inc., Redwood City, CA, USA; ⁿHematology, Hemostasis, Oncology and Stem Cell Transplantation, Hannover Medical School (MHH), Hannover, Germany

ABSTRACT

Most myelofibrosis (MF) patients treated with ruxolitinib fail to achieve optimal response (i.e., spleen volume reduction $\geq 35\%$ [SVR35] and improvement in total symptom score $\geq 50\%$ [TSS50], and instead experience suboptimal reductions in spleen volume and constitutional symptoms. Maximizing SVR and TSS is critical for MF patients, as both are associated with improved quality of life (QoL) and overall survival (OS). Navtemadlin is a potent, selective, oral MDM2 inhibitor that restores p53 activity, inducing apoptosis of malignant *TP53* wild-type (*TP53*^{WT}) CD34⁺ MF progenitor cells. In vitro and clinical data demonstrated navtemadlin's synergy with ruxolitinib and disease-modifying potential. POIESIS is a global, randomized, double-blind phase III trial (NCT06479135) evaluating navtemadlin versus placebo as add-on to ruxolitinib in JAK inhibitor-naïve *TP53*^{WT} MF patients with suboptimal response to ruxolitinib. The study includes a ruxolitinib monotherapy run-in period, followed by randomization of suboptimal responders to add-on navtemadlin or placebo to their stable ruxolitinib dose. Study objectives are to isolate the contribution of add-on navtemadlin by assessing SVR and TSS 24-weeks after randomization from the pre-randomization baseline and to demonstrate that this contribution is clinically meaningful using established SVR and TSS endpoints from the pre-ruxolitinib treatment baseline. Secondary endpoints include progression-free survival, leukemia-free survival, and OS.

Clinical Trial Registration: NCT06479135 (ClinicalTrials.gov); EUCT 2023-504724-25-00 (EUClinicalTrials.EU).

PLAIN LANGUAGE SUMMARY

Myelofibrosis (MF) is a rare blood cancer that affects the bone marrow, causing scarring (fibrosis) and impairing healthy blood cell production. This leads to symptoms, such as fatigue, pain, night-sweats, and an enlarged spleen. Ruxolitinib, a Janus kinase inhibitor (JAKi), is a standard treatment that can reduce spleen size and improve symptoms. However, many MF patients do not respond optimally to ruxolitinib alone, known as a suboptimal response, and continue to experience persistent symptoms and an enlarged spleen. In these cases, adding a new treatment may provide further clinical benefit.

Navtemadlin is an investigational treatment that inhibits MDM2, a protein which is overproduced in MF cancer cells. MDM2 blocks the activity of another protein, p53, a tumor suppressor that normally helps remove abnormal cells. By blocking MDM2, navtemadlin restores the ability of p53 to eliminate MF cancer cells.



The POIESIS study is a global phase III clinical trial testing whether adding navtemadlin to ruxolitinib improves outcomes in MF patients with a suboptimal response to ruxolitinib alone. POIESIS has two treatment periods. During the first period, patients receive ruxolitinib alone for 18–24 weeks. If their response is suboptimal, patients may be eligible to join the second period, where they are randomly assigned to receive either add-on navtemadlin (Arm 1) or placebo (Arm 2) while continuing ruxolitinib. Navtemadlin efficacy will be assessed by measuring the rates of spleen volume reduction (by MRI/CT scan) and total symptom score improvement (using a daily 7-symptom questionnaire), in each arm, 24 weeks after randomization.


ARTICLE HISTORY

Received 14 January 2026
Accepted 25 February 2026

KEYWORDS

Myelofibrosis; MDM2 inhibitor; navtemadlin; JAK inhibitor-naïve; phase III POIESIS trial; p53; suboptimal response; spleen volume reduction

CONTACT Pankit Vachhani  pvachhani@uabmc.edu  Division of Hematology / Oncology, University of Alabama at Birmingham, The Kirklin Clinic of UAB Hospital, 2000 6th Avenue South, Floor 5, Birmingham, AL 35233, USA

 Supplemental data for this article can be accessed online at <https://doi.org/10.1080/14796694.2026.2638989>

© 2026 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group.
This is an Open Access article distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivatives License (<http://creativecommons.org/licenses/by-nc-nd/4.0/>), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited, and is not altered, transformed, or built upon in any way. The terms on which this article has been published allow the posting of the Accepted Manuscript in a repository by the author(s) or with their consent.

Article highlights

Unmet need in myelofibrosis with a suboptimal response to ruxolitinib

- Myelofibrosis (MF) is a progressive myeloproliferative neoplasm characterized by splenomegaly, debilitating symptoms, bone marrow fibrosis, cytopenias, increased leukemic transformation risk, and shortened survival.
- Standard-of-care ruxolitinib improves spleen volume and symptoms but fails to deliver optimal responses for most patients (i.e., spleen volume reduction $\geq 35\%$ [SVR35], and total symptom score improvement $\geq 50\%$ [TSS50]).
- The magnitude of spleen and symptom improvement correlate with overall survival (OS).
- Ruxolitinib has limited disease-modifying activity, and most patients eventually require additional therapy.
- No approved add-on therapies exist for MF patients with suboptimal response to ruxolitinib, highlighting a significant unmet need.

Navtemadlin: a first-in-class oral MDM2 inhibitor

- MF is characterized by overexpression of mouse double minute 2 (MDM2) in malignant CD34⁺ progenitor cells, enabling evasion of p53-mediated apoptosis.
- Navtemadlin is a potent, selective, oral MDM2 inhibitor that restores p53 tumor suppressor function, inducing apoptosis of TP53^{WT} CD34⁺ MF progenitor cells.

Rationale for navtemadlin add-on to ruxolitinib

- Navtemadlin's mechanism is distinct from and complementary to ruxolitinib, as demonstrated in preclinical studies using patient-derived MF cells.
 - Clinical studies have demonstrated navtemadlin's efficacy, safety, and disease-modifying potential.
 - In the phase III BOREAS trial, navtemadlin monotherapy achieved Week-24 SVR35 (15% vs 5%) and TSS50 (24% vs 12%) versus best available therapy (BAT) in JAKI-relapsed/refractory MF.
 - In a phase Ib/II study (KRT-232-109; NCT04485260), navtemadlin add-on to ruxolitinib achieved Week-24 SVR35 and TSS50 in 32% of TP53^{WT} MF patients with suboptimal response.
 - Both studies demonstrated reductions in circulating CD34⁺ MF cells and driver mutation variant allele frequencies (VAFs) by Week 24.
 - In BOREAS, navtemadlin-driven SVR correlated with reductions in circulating CD34⁺ MF cells ($p = 0.001$) and VAF ($p < 0.001$).
 - Acute myeloid leukemia (AML) transformations occurred less frequently with navtemadlin than BAT (1.6% vs 3.3%).

POIESIS: a novel phase III trial design

- POIESIS (NCT06479135, EUCT 2023-504724-25-00) is a global, randomized, double-blind, placebo-controlled phase III study evaluating navtemadlin add-on therapy in JAK inhibitor-naïve TP53^{WT} Primary or Secondary MF patients with suboptimal response to ruxolitinib.
- The study includes an initial ruxolitinib run-in followed by a randomized add-on period, reflecting a real-world treatment approach, in which add-on therapy is introduced only for patients with suboptimal response.
- Eligibility requires a stable ruxolitinib dose (≥ 5 mg BID) for ≥ 8 weeks and a suboptimal response (SVR $> 0\%$ but $< 35\%$ and TSS improvement $> 0\%$ but $< 50\%$) after > 18 -weeks of ruxolitinib.
- Patients are randomized 2:1 to add-on navtemadlin (240 mg QD, Days 1–7 of a 28-day cycle) or placebo.
- Crossover is not permitted to preserve progression-free survival (PFS), leukemia-free survival (LFS), and OS endpoints.
- Approximately 600 patients are enrolling across ~ 254 sites in > 23 countries.

POIESIS objectives and endpoints

- To isolate navtemadlin's contribution by comparing SVR and TSS improvement at Week 24 from the pre-randomization baseline.
- To confirm clinically meaningful benefit using established SVR and TSS endpoints relative to the pre-ruxolitinib baseline.

Conclusion

- POIESIS may establish navtemadlin as the first effective add-on therapy for JAKi-naïve MF patients with suboptimal response to ruxolitinib, addressing a major unmet need and potentially redefining the MF treatment paradigm.

1. Trial overview

POIESIS (NCT06479135, EUCT 2023-504724-25-00) is a global, registrational, randomized, double-blind, placebo-controlled phase III trial designed to evaluate the efficacy and safety of navtemadlin, a selective mouse double minute 2 (MDM2) inhibitor, as add-on therapy to ruxolitinib in JAK inhibitor-naïve patients with TP53 wild-type (TP53^{WT}) primary or secondary myelofibrosis (MF) who have a suboptimal response to ruxolitinib. The study design includes two treatment periods: an initial ruxolitinib monotherapy run-in phase (≥ 18 to < 25 weeks) followed by a randomized add-on period.

During the run-in period, ruxolitinib may be titrated to a stable, tolerable dose (≥ 5 mg twice daily). To be eligible for randomization, patients must have received a stable dose of ruxolitinib for ≥ 8 consecutive weeks and met criteria for suboptimal response, defined as SVR $> 0\%$ but $< 35\%$ and TSS improvement $> 0\%$ but $< 50\%$. Eligible patients are randomized 2:1 to receive navtemadlin (240 mg QD, Days 1–7 of a 28-day cycle; Arm 1) or placebo (Arm 2), both as add-on to their stable dose of ruxolitinib.

The study aims to isolate the clinical contribution of navtemadlin by comparing SVR (by central review MRI/CT scan) and TSS (by the Myelofibrosis Symptom Assessment Form version 4.0 [MFSAF v4.0]) responses from pre-randomization baselines and confirm clinically meaningful benefit using established SVR and TSS endpoints from pre-ruxolitinib baselines, all assessed 24 weeks post-randomization. Crossover is not permitted to preserve the integrity of survival endpoints: progression-free survival (PFS), which includes leukemia-free survival (LFS), and overall survival (OS).

The trial name, POIESIS (P53 activation to Optimize responseS in myelofibrosis) derives from the Greek words ποιεῖν (poiein), which means “to bring into being,” and αιματο-ποίησης (hemato-poesis), the process that produces blood cells in the body.

2. Background and rationale

2.1. Myelofibrosis

Myelofibrosis (MF) is a chronic, progressive malignancy of the bone marrow (BM), with an estimated prevalence of 4–6 per 100,000 in the US [1]. MF is the most aggressive myeloproliferative neoplasm (MPN), characterized by clonal proliferation of malignant hematopoietic stem cells, megakaryocytic proliferation with atypia, overproduction of inflammatory cytokines and progressive BM fibrosis resulting in ineffective and extramedullary hematopoiesis [2]. Prominent clinical manifestations of MF include marked splenomegaly, debilitating constitutional symptoms (pruritus, fatigue, weight loss, cachexia, arthralgia, night sweats, abdominal pain/fullness, and early satiety) [2], and progressive anemia [3]. Constitutive activation of the Janus kinase-signal transducer and activator of transcription (JAK-STAT) signaling pathway is a hallmark of MF, commonly driven by somatic mutations in one of the MPN “driver” genes (*JAK2*, *CALR*, and *MPL*) [4]. High molecular risk

mutations in epigenetic regulators (e.g., *ASXL1*, *EZH2*, *IDH1/2*) and splicing factors (e.g., *SRSF2*, *U2AF1*) are also strongly implicated in MF pathophysiology and poor prognosis [4–6]. Advanced MF is associated with poor quality of life (QoL) and a high risk of transformation to blast phase MPN (blast count $\geq 20\%$ in the peripheral blood [PB] or BM) [5,6]. The median overall survival (OS) in MF is markedly shortened (4–7 years in primary MF [PMF]) [7], even more so in high-risk MF (median OS approximately 2 years [8]). Although allogeneic stem cell transplantation (allo-SCT) offers curative potential for intermediate-2 to high-risk MF, high transplant-related morbidity and mortality preclude its use for most patients [9].

2.2. Unmet medical need in MF patients with a suboptimal response to ruxolitinib

Ruxolitinib was the first JAK1/2 inhibitor that received regulatory approval in 2011 as a treatment for intermediate- or high-risk MF, including PMF, post-polycythemia vera (PV) MF, and post-essential thrombocythemia (ET) MF. Subsequently, three other JAK inhibitors (JAKis), fedratinib, pacritinib, and momelotinib, were approved for MF in the US in 2019, 2022, and 2023, respectively [10]. These JAKis target the aberrant JAK-STAT signaling pathway and deliver a reduction in spleen volume and symptom burden [2,11], with momelotinib also improving anemia [12]. However, responses to JAKis are suboptimal in a significant proportion of patients, and their clinical efficacy may be lost over time. Furthermore, JAKis are associated with high rates of treatment discontinuation: more than one-third of patients discontinue ruxolitinib, with 35% of cases resulting from lack or loss of spleen response [13]. Discontinuation rates reached 50% at 3 years and 75% at 5 years for MF patients randomized to ruxolitinib in the COMFORT-I trial [14,15]. After ruxolitinib discontinuation, patient outcomes are dismal, with a median OS of 11–13 months [16–18].

As previously stated, the majority of MF patients treated with standard-of-care ruxolitinib [19,20] fail to achieve an optimal response, defined as realizing both SVR35 and TSS50. In frontline phase III trials (COMFORT-I, SIMPLIFY-1, and MANIFEST-2), SVR35 was achieved in 29–42% and TSS50 in 42–46% of patients at week 24, yet $< 20\%$ achieved both [21–23]. Similarly, in the phase III COMFORT-II study, $< 30\%$ of patients achieved an optimal response at week 48 [24].

Optimizing spleen and symptom responses is of paramount importance given their strong association with QoL [25–27] and OS [18,28–32]. In COMFORT-I, TSS was found to be inversely correlated with QoL ($p < 0.001$) [27], with constitutional symptoms now integrated into MF prognostic scoring systems [2]. Verstovsek et al. reported significantly longer OS in ruxolitinib-treated MF patients who achieved SVR $\geq 50\%$ versus SVR $< 25\%$ ($p < 0.0001$) [18]. Accordingly, in a pooled analysis of COMFORT I and II studies, SVR $\geq 10\%$ to $< 25\%$ was associated with twofold higher OS hazard ratio (HR) compared to SVR $\geq 50\%$ [28]. A meta-analysis including COMFORT-I, SIMPLIFY-1, and PERSIST-2 clinical trials and five retrospective studies confirmed that JAK inhibitor-treated MF patients who achieved a particular relative SVR threshold ($> 50\%$, $> 35\%$,

$> 25\%$) had 55% lower mortality risk (HR 0.45; $p < 0.001$) compared to patients on the same JAKi who did not reach these endpoints [30]. In RUXOREL-MF, a real-world study in ruxolitinib-treated patients, a palpable spleen length reduction $\leq 30\%$ at 3 and 6 months from the baseline was associated with worse OS ($p = 0.0009$) [29].

Similar to other JAKis, ruxolitinib can reduce spleen volume and improve symptoms, but it has limited ability to deliver disease-modifying effects and change the underlying natural history of the disease (prevent clonal evolution and progression) [33,34]. As a result, the majority of MF patients who initiate ruxolitinib treatment will ultimately require an additional therapeutic intervention. The absence of any proven add-on therapy in the context of suboptimal response to ruxolitinib represents an area of high unmet medical need. In this setting, the optimal intervention is an add-on treatment that delivers both clinical and disease-modifying effects to improve long-term patient outcomes.

2.3. Navtemadlin's mechanism of action

As the key negative regulator of p53, MDM2 modulates the function of p53 by inhibiting its downstream transcriptional activity, promoting its transport out of the nucleus, and ubiquitinating the protein for proteasomal degradation [35]. While *TP53* mutations are infrequent in MPNs ($< 5\%$), p53 activity is often suppressed by constitutive JAK2-mediated signaling in CD34⁺ MF cells, leading to MDM2 overexpression and the quiescence of p53. This represents the central mechanism by which MF cells evade normal p53 tumor suppressor detection and apoptosis, enabling malignant cell survival.

Navtemadlin is a potent, selective, and orally available MDM2 inhibitor that restores normal p53 tumor-suppressor function in *TP53* wild-type (*TP53*^{WT}) malignancies [36]. P53-dependent apoptosis of malignant cells occurs via upregulation of select pro-apoptotic B-cell lymphoma 2 (BCL-2) family proteins (e.g., BAX, PUMA, NOXA), and equivalent downregulation and suppression of pro-survival proteins (e.g., Bcl-2, Bcl-X_L, Mcl-1) [37,38]. *In vitro* testing of navtemadlin in *TP53*^{WT} tumor cell lines demonstrated its ability to markedly induce dose-dependent activation of p53, leading to inhibition of cell proliferation. Data from xenograft testing in murine *TP53*^{WT} models showed that navtemadlin induced robust p21-mediated cell-cycle arrest and apoptosis [39]. A first-in-human phase I study confirmed navtemadlin's dose-dependent pharmacokinetics/pharmacodynamics, safety, and antitumor activity in *TP53*^{WT} malignancies [40]. Recent trials further demonstrated navtemadlin's ability to significantly reduce malignant CD34⁺ MF progenitor cells [41–44].

2.4. Efficacy of navtemadlin monotherapy in JAK-inhibitor refractory/relapsed MF

In a phase II dose escalation study (NCT03662126; KRT-232-101 Part A), conducted in *TP53*^{WT} patients with MF who were relapsed/refractory (R/R) to JAKis, navtemadlin 240 mg orally, once daily on Days 1–7 of 28-day cycles, was established as the recommended phase II dose (RP2D) and schedule [45].

In the global, randomized phase III BOREAS study (NCT03662126; KRT-232-101 Part B), navtemadlin monotherapy was compared with best available therapy (BAT) in $TP53^{WT}$ MF patients R/R to JAKis [38]. At week 24, navtemadlin achieved SVR35 (primary endpoint) and TSS50 (key secondary endpoint) in 15% (18/123) and 24% (30/123) of patients, respectively, with response rates threefold (SVR) and twofold (TSS) higher than BAT (5% and 12%, respectively) [46].

2.5. *In vitro* evidence of navtemadlin-ruxolitinib synergy in MF cells

Navtemadlin's mechanism (p53-mediated apoptosis of malignant $CD34^+$ MF cells) is distinct from, and complementary to, ruxolitinib's inhibition of the JAK-STAT signaling pathway. *In vitro* studies showed that navtemadlin and ruxolitinib synergistically enhanced apoptosis in MF patient-derived $CD34^+$ progenitor cells by inhibition of p21-mediated cell-cycle arrest [47].

2.6. Clinical evidence of navtemadlin-ruxolitinib synergy in patients with MF

In the Ib/II dose-escalation study (NCT04485260; KRT-232-109) of navtemadlin add-on to ruxolitinib in $TP53^{WT}$ patients with MF who had a suboptimal response to ruxolitinib, the RP2D, and schedule of navtemadlin was determined to be 240 mg once daily (Day 1–7/28-day cycle) [44]. In this study, and in contrast to POIESIS, suboptimal response was defined as lack of spleen response or disease progression per International Working Group-Myeloproliferative Neoplasms Research and Treatment [IWG-MRT] criteria [48]. Enrolled patients had received ruxolitinib for ≥ 18 weeks and were on a stable dose for ≥ 8 weeks. The baseline characteristics of patients in the KRT-232-109 study were similar to those enrolled in the BOREAS study; at study entry, the median duration of prior ruxolitinib exposure was 21.6 months, approximately 50% of patients had anemia grade ≥ 2 , and the median spleen volume and TSS were $>2,000 \text{ cm}^3$ and ≥ 15 , respectively [44].

Consistent with the *in vitro* results, clinical data evidenced the robust efficacy and synergy of navtemadlin add-on to ruxolitinib, with 32% (6/19) of patients achieving SVR35 (primary endpoint) and TSS50 (key secondary endpoint) at week 24 in the KRT-232-109 study (Figure 1; intention-to-treat [ITT] population; data cut-off May 2023) [44]. Notably, patients had received ruxolitinib for a very long period of time prior to study entry, with most on doses ≥ 15 mg twice daily, and yet they were still unable to achieve an optimal response [44]. Ruxolitinib dose increases were not permitted, confirming that the observed clinical responses were attributable to navtemadlin [44].

2.7. Disease-modifying activity of navtemadlin

Studies of navtemadlin monotherapy [41–43] and navtemadlin add-on to ruxolitinib [44] have demonstrated on-target biological activity and provided supporting evidence for potential disease modification. In myeloproliferative neoplasms, disease modification requires that a therapeutic intervention not only alters the underlying biological mechanisms driving the disease, such as aberrant stem cell function or clonal architecture, but

also translates into a demonstrable clinical benefit including improved survival or prevention of disease progression [49]. While current agents have yet to meet this stringent definition, including those tested in combination with JAK inhibitors [50], indicators such as reductions in circulating $CD34^+$ MF cells, driver mutation variant allele frequency (VAF), proinflammatory cytokine levels, and improvements in bone marrow fibrosis are commonly employed as surrogates for disease-modifying activity. Here, navtemadlin therapy resulted in substantial reductions in circulating $CD34^+$ MF cells, driver mutation variant allele frequency (VAF), and improvement of bone marrow fibrosis.

In both the phase II and phase III BOREAS studies [41,43], reductions in circulating $CD34^+$ MF progenitor cells are significantly correlated with SVR ($p=0.0048$ and $p=0.001$, respectively). In the BOREAS study, the median circulating $CD34^+$ MF cell count reductions were -62% at Week 12 and -82% at Week 24 with navtemadlin (versus -52% and -42% with BAT) [43]. Among patients with $>50\%$ $CD34^+$ MF cell count reduction at Week 24, 40% of navtemadlin-treated patients achieved SVR35 versus 20% with BAT [43]. Reductions in driver mutation VAF ($p < 0.001$) and selected serum-measurable inflammatory cytokines ($p < 0.001$ for all) at Week 24 also correlated with SVR [43]. Similarly, in the Ib/II navtemadlin add-on study (KRT-232-109), median circulating $CD34^+$ progenitor cell counts decreased by -85% and -95% at 12 and 24 weeks, respectively (Figure 2) [44].

These findings corroborate that navtemadlin-induced apoptosis of $CD34^+$ MF progenitor cells translates into improved clinical outcomes in monotherapy and ruxolitinib combination treatment settings. Optimizing SVR and TSS is essential due to their established relationship with QoL [25,26] and OS [18,28–31].

Furthermore, in the BOREAS study, the incidence of transformation to acute myeloid leukemia (AML) on the navtemadlin-treated arm was 1.6%, while that of the BAT arm was 3.3% [46] in an advanced relapsed/refractory MF population; supporting the hypothesis of disease modification with navtemadlin and its potential for reduction in risk of AML progression (MPN Blast Phase) relative to existing therapies. Collectively, this evidence supports MDM2 inhibition as a promising and disease-modifying novel therapeutic approach for the treatment of MF across the R/R and suboptimal response settings.

2.8. Navtemadlin safety and tolerability

In the phase Ib/II KRT-232-109 trial in $TP53^{WT}$ MF patients with suboptimal response to ruxolitinib [44], and the phase III BOREAS study [46], navtemadlin, administered at the RP2D, demonstrated a manageable safety profile, particularly upon adoption of prophylactic measures for gastrointestinal side effects. The most common treatment-emergent adverse events, consistent with on-target MDM2 inhibition, were gastrointestinal (diarrhea, nausea, vomiting), and hematologic (thrombocytopenia, anemia, neutropenia).

2.9. POIESIS study rationale

The complementary mechanisms of navtemadlin and ruxolitinib, their demonstrated preclinical synergy, the encouraging clinical efficacy, and acceptable safety of navtemadlin in monotherapy and add-on studies, and navtemadlin's disease-modifying

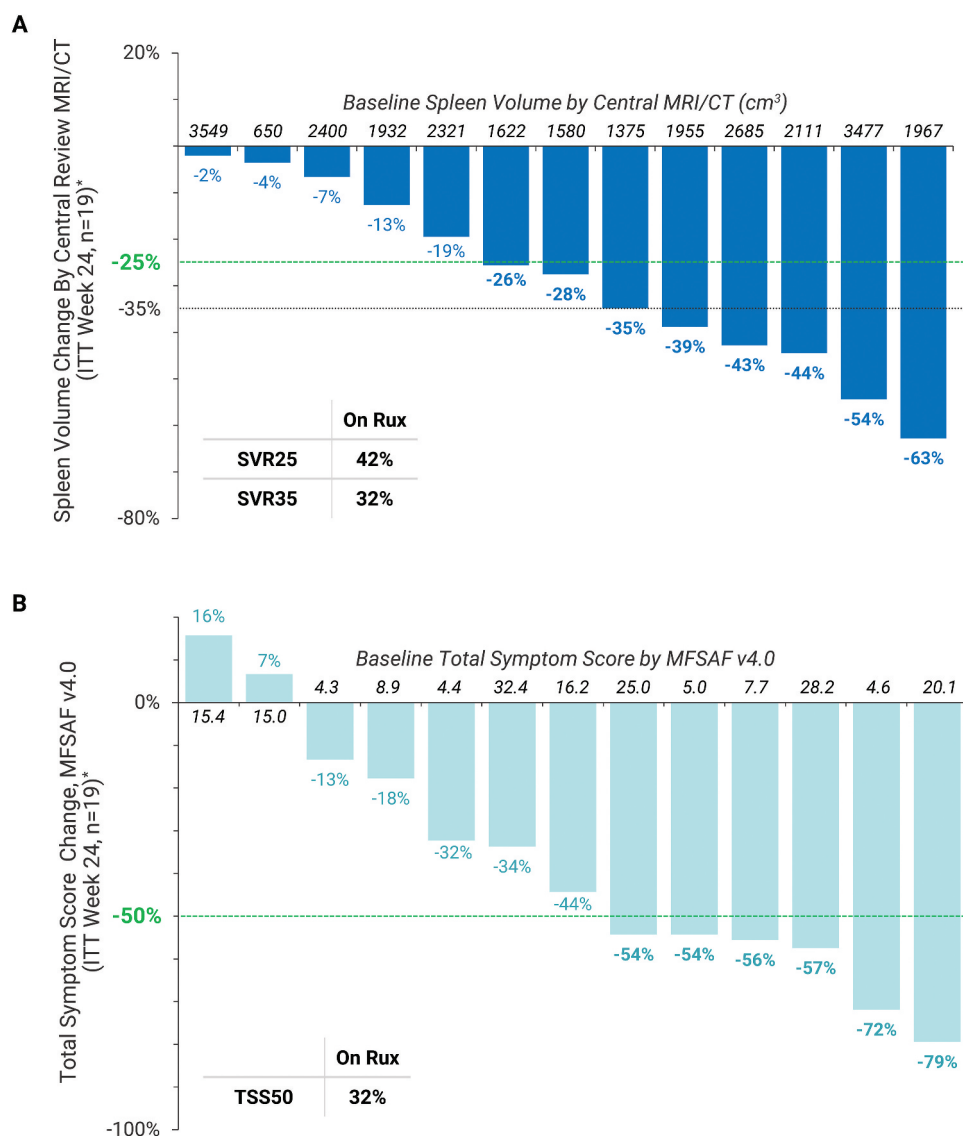


Figure 1. Week 24 spleen volume reduction (by central MRI/CT) and total symptom score (by MFSAF v4.0). Baseline spleen volume MRI/CT scans and TSS assessments were taken while subjects were on a stable dose of ruxolitinib for ≥ 8 weeks (ie, no ruxolitinib wash-out). No dose increases of ruxolitinib above the stable baseline dose occurred during the 24-week assessment period. Both SVR35 and TSS50 were 32% at Week 24. Median time on ruxolitinib monotherapy was 21.6 months (data cut-off May 2023; ref. [44]). *Six patients discontinued prior to Week 24 assessment.

Abbreviations: CT, Computed tomography; ITT, Intention to treat; MFSAF v4.0, Myelofibrosis Symptom Assessment Form version 4.0; MRI, Magnetic resonance imaging; Rux, Ruxolitinib; SVR25, Spleen volume reduction $\geq 25\%$; SVR35, Spleen volume reduction $\geq 35\%$; TSS50, Total symptom score $\geq 50\%$.

potential, together support the scientific and clinical rationale for the POIESIS study (NCT06479135; KRT-232-115) [35].

3. The POIESIS phase III trial design

POIESIS (NCT06479135, EUCT 2023-504724-25-00) is a global, randomized, double-blind, placebo-controlled III clinical study designed to evaluate the efficacy and safety of navtemadlin as an add-on to ruxolitinib for the treatment of JAK inhibitor-naïve *TP53*^{WT} patients with PMF, post-PV MF, or post-ET MF with a suboptimal response to ruxolitinib [51]. POIESIS has a unique and innovative trial design that mimics the real-world MF treatment approach by reserving navtemadlin add-on therapy for those patients who demonstrate a suboptimal response to

ruxolitinib and are therefore in need of an additional clinical intervention.

3.1. Eligibility criteria

Eligibility for enrollment to the ruxolitinib monotherapy run-in period (Table 1) includes: adults aged ≥ 18 years with a confirmed diagnosis of PMF, post-PV MF, or post-ET MF (per 2022 WHO criteria [1]), classified as intermediate- or high-risk MF according to the International Prognostic Scoring System (IPSS) [8], and with an Eastern Cooperative Oncology Group performance status (ECOG-PS) ≤ 2 . Additional requirements include a spleen volume ≥ 450 cm³; TSS ≥ 10 by MFSAF v4.0 at baseline; and adequate hematologic, hepatic, and renal

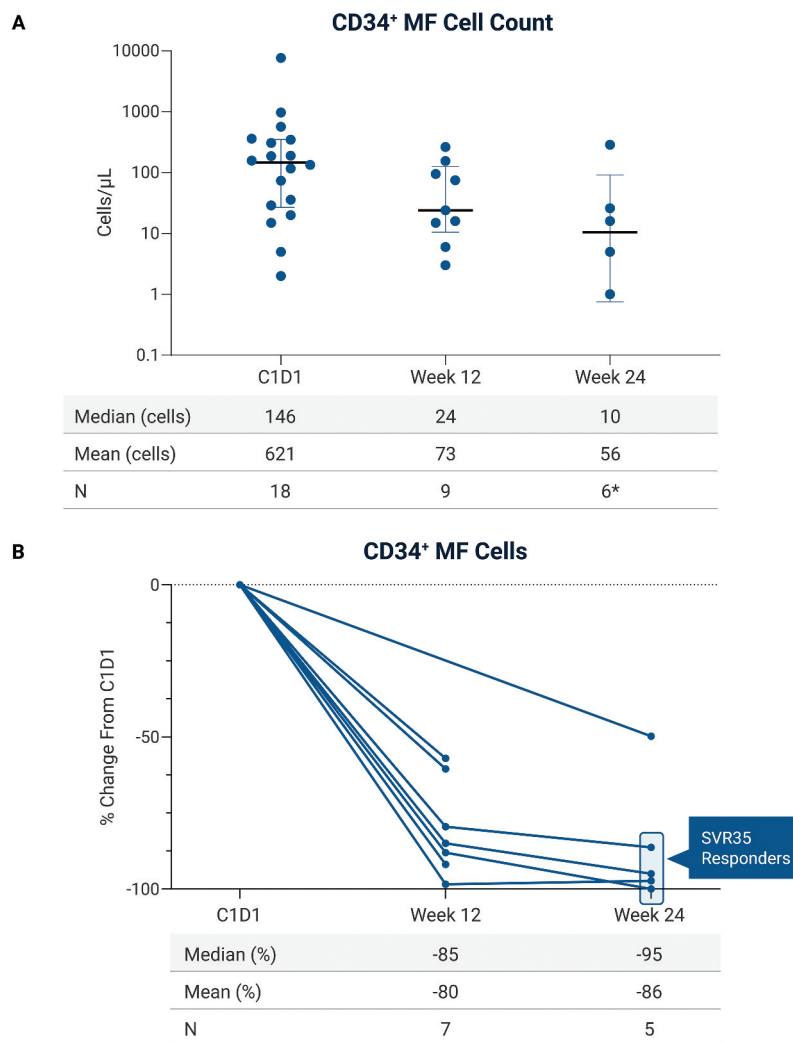


Figure 2. Reduction in circulating CD34⁺ MF progenitor cell counts in study KRT-232-109 (data cut-off April 2023 [44]). *One patient with a cell count of 0 at Week 24 not shown on this figure.

Abbreviations: C1D1, Cycle 1, Day 1; MF, Myelofibrosis; SVR35, Spleen volume reduction $\geq 35\%$.

organ function. Importantly, participants must be JAK inhibitor-naïve.

Key exclusion criteria for the ruxolitinib run-in period include prior exposure to inhibitors of JAK, MDM2, Bcl-xL, BET, PI3K, PIM kinase, or XPO1, prior p53-directed therapies; previous allo-SCT or eligibility for immediate allo-SCT (i.e., patients with an available donor who are deemed to be clinically appropriate to proceed to allo-SCT without delay); and PB or BM blast count $\geq 10\%$. Patients achieving optimal spleen or symptom response (i.e., SVR35 or TSS50), or those who are refractory (i.e., with disease progression), will be discontinued from the study after the run-in period.

Eligibility for the randomized period (Table 1) includes confirmed *TP53*^{WT} status (by central testing) and a suboptimal response to ruxolitinib monotherapy, defined as SVR $>0\%$ but $<35\%$ and TSS improvement $>0\%$ but $<50\%$, assessed following 18–25 weeks of ruxolitinib treatment. Participants must be receiving a stable ruxolitinib dose (≥ 5 mg twice daily) for ≥ 8 continuous weeks prior to assessment for randomization to add-on navtemadlin or placebo.

Key exclusion criteria for randomization include a white blood cell count that increases twofold or more during ruxolitinib therapy (baseline prior to the run-in period versus pre-randomization) and exceeds $50 \times 10^9/L$ at pre-randomization, and PB or BM blast counts $\geq 10\%$.

3.2. Study design

POIESIS features an innovative, pragmatic, and practice-aligned design (Figure 3), structured around two treatment periods: a ruxolitinib monotherapy run-in period (N = 600), followed by a randomized, placebo-controlled phase (N = 180) for JAKi-naïve MF patients with suboptimal response to standard-of-care ruxolitinib treatment.

During the ruxolitinib run-in period, eligible patients receive ruxolitinib for ≥ 18 but <25 weeks. A stable ruxolitinib dose (≥ 5 mg twice daily; investigator determined) must be maintained for ≥ 8 continuous weeks prior to randomization. A stable dose is defined as one that has not required dose modification or interruption during the 8-week lead-in.

Table 1. Key eligibility criteria.

Inclusion criteria
<p>Ruxolitinib monotherapy run-in period</p> <ul style="list-style-type: none"> ● JAK inhibitor-naïve patients ● Age ≥18 years ● Confirmed diagnosis of PMF, post-PV MF, or post-ET MF (WHO criteria [52]) ● Intermediate-1, intermediate-2, or high-risk MF (by IPSS [8]) ● Spleen volume ≥450 cm³ by MRI or CT scan (central review) ● MF symptoms as defined by baseline TSS ≥10 (calculated 7-day average by the MFSAF v4.0 [53]) ● ECOG PS ≤2 ● Adequate hematologic function (platelet count ≥100x10⁹/L, white blood cell count ≤50x10⁹/L, and ANC count ≥1.5x10⁹/L) ● Adequate hepatic and renal organ function <p>Randomized period</p> <ul style="list-style-type: none"> ● PMF, post-PV MF, or post-ET MF ● <i>TP53</i>^{WT} assessed by central testing ● ECOG PS ≤2 ● Ruxolitinib monotherapy treatment for ≥18 weeks but <25 weeks on a stable dose of ruxolitinib (≥5 mg BID) for ≥8 continuous weeks prior to add-on treatment with navtemadlin ● Suboptimal response to ruxolitinib, defined as: ● SVR >0% but <35% by MRI/CT scan (central review) and TSS reduction >0% but <50% (measured by the MFSAF v4.0) from the start of the ruxolitinib run-in period baseline to the end of the run-in period ● Adequate hematologic function (platelet count ≥ 100x10⁹/L, ANC count ≥1.5x10⁹/L) ● Adequate hepatic and renal organ function
Exclusion criteria
<p>Ruxolitinib monotherapy run-in period</p> <ul style="list-style-type: none"> ● Prior treatment with any JAK inhibitor ● Prior therapy with MDM2, Bcl-xL, BET, PI3K, PIM, or XPO1 inhibitors; prior p53-directed therapy ● Prior splenectomy ● Splenic irradiation within 3 months prior to the first dose of ruxolitinib monotherapy ● Active or chronic bleeding within 28 days prior to the first dose of ruxolitinib monotherapy ● Prior allogeneic SCT or eligibility for allogeneic SCT ● Peripheral blood or bone marrow blast count ≥10% at any time within 28 days prior to the first dose of ruxolitinib monotherapy ● Grade 2 or higher QTc prolongation (480 milliseconds per NCI-CTCAE, version 5.0) ● Active serious infection or uncontrolled intercurrent illness <p>Randomized period</p> <ul style="list-style-type: none"> ● Active treatment with inhibitors of MDM2, Bcl-xL, BET, PI3K, PIM, and XPO1 or p53-directed therapy ● Splenic irradiation within 3 months prior to the first dose of study treatment in the randomized period ● Eligibility for allogeneic SCT ● White blood cell count that meets both of the following criteria: <ul style="list-style-type: none"> – Increases by two-fold or more during treatment with ruxolitinib monotherapy (compared to baseline prior to the run-in period versus pre-randomization) and – Exceeds 50 × 10⁹/L at pre-randomization ● Blast count ≥10% in the peripheral blood or bone marrow at any time within 28 days prior to the first dose of study treatment in the randomized period

Abbreviations: ANC: Absolute neutrophil count; BCL-xL: B-cell lymphoma-extra-large; BET: Bromodomain and extra-terminal; BID: twice daily; CT: Computed tomography; ECOG PS: Eastern Cooperative Oncology Group performance status; IPSS: International Prognostic Scoring System; JAK: Janus kinase; MDM2: Murine double minute 2; MF: Myelofibrosis; MFSAF v4.0: Myelofibrosis Symptom Assessment Form version 4.0; MRI: Magnetic resonance imaging; NCI-CTCAE v5.0: National Cancer Institute-Common Terminology Criteria for Adverse Events, version 5.0; PI3K: Phosphoinositide 3-kinase; PIM: Proviral Integration site for Moloney leukemia virus; PMF: Primary MF; Post-ET MF: Post-essential thrombocythemia MF; Post-PV MF: Post-polycythemia vera MF; QTc: Corrected QT interval; SCT: Stem cell transplantation; SVR: Spleen volume reduction; *TP53*^{WT}: Wild-type tumor protein p53 gene; TSS: Total symptom score; XPO1: Exportin 1; WHO: World Health Organization.

After completing the ruxolitinib run-in period, patients with confirmed *TP53*^{WT} status and a protocol-defined suboptimal response will be randomized 2:1, in a double-blind manner, to receive add-on navtemadlin (Arm 1, n = 120) or add-on placebo (Arm 2, n = 60). Patients in Arm 1 will receive navtemadlin at 240 mg once daily (Day 1–7/28-day cycle) [44] added on to their ongoing stable dose of ruxolitinib (≥5 mg twice daily). Patients in Arm 2 will receive matching placebo added on to their ongoing stable dose of ruxolitinib, as per Arm 1. Escalation of ruxolitinib dose above the pre-randomization stable dose is not permitted before the primary efficacy assessment. Stratification factors include ruxolitinib dose at randomization (<20 mg BID vs ≥20 mg BID), and magnitude of SVR (<20% vs ≥20%) and TSS (<30% vs ≥30%) following the ruxolitinib run-in period.

Crossover between arms is not permitted to preserve the integrity of survival endpoints including PFS (including

leukemia-free survival), and OS, which are important secondary endpoints.

3.3. Study objectives and endpoints

The POIESIS study has two primary objectives (Table 2). First, to isolate the clinical contribution of add-on navtemadlin in patients with suboptimal response to ruxolitinib, by evaluating SVR (by central review MRI/CT scan) and symptom burden (by MFSAF v4.0) 24 weeks after randomization relative to the pre-randomization baseline. Second, to assess whether this contribution is clinically meaningful by evaluating the proportion of patients achieving established SVR and TSS reduction, 24 weeks after randomization relative to their pre-ruxolitinib treatment baseline.

Key secondary endpoints (Table 3) are PFS (including LFS) and OS in Arm 1 versus Arm 2, duration of spleen responses,

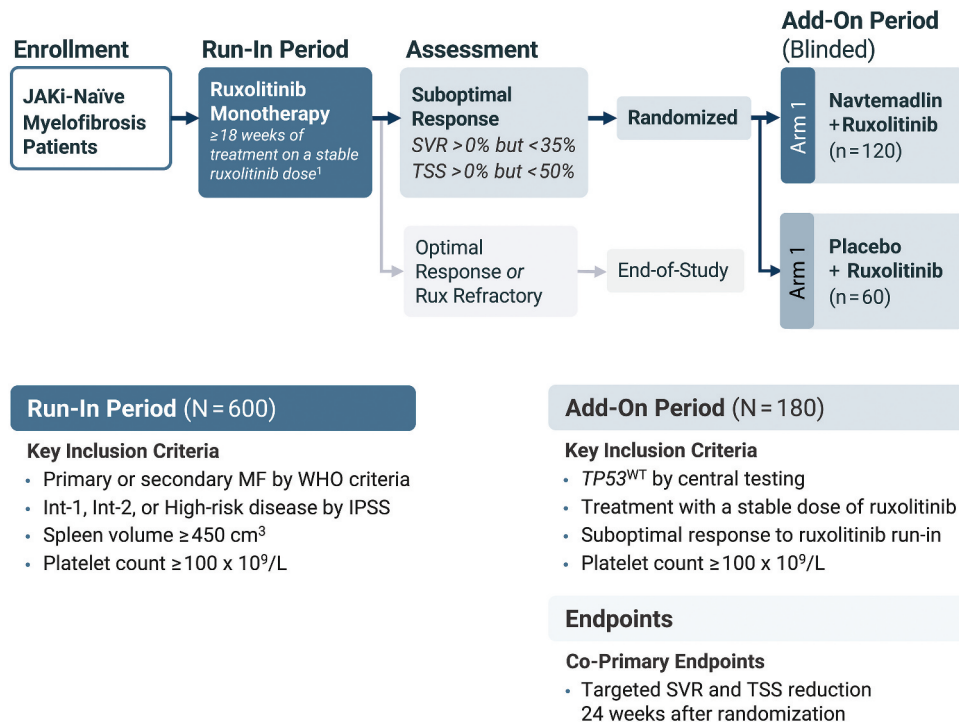


Figure 3. POIESIS study schema.

Note: Navtemadlin dosed at 240 mg QD (Days 1–7/28-day cycle). Target enrollment from 254 sites across 23 countries.

¹Stable ruxolitinib is ≥5 mg BID that does not require treatment hold or dose adjustment during the 8-weeks prior to add-on navtemadlin or placebo.

Abbreviations: BID, twice daily; Int, Intermediate; IPSS, International Prognostic Scoring System; JAKi, Janus kinase inhibitor; Rux, Ruxolitinib; SVR, Spleen volume reduction; TSS, Total symptom score; WHO, World Health Organization; WT, Wild-type.

Table 2. Study aims.

- Adequately isolate the contribution of add-on navtemadlin in the setting of continuous ruxolitinib by assessing SVR and TSS at 24 weeks after randomization from the pre-randomization baseline
- Demonstrate that this contribution is clinically meaningful by using established SVR (by MRI/CT, central review) and TSS (by MFSAF v4.0) endpoints at 24 weeks after randomization from the pre-ruxolitinib treatment baseline

Abbreviations: CT: Computed tomography; MFSAF v4.0: Myelofibrosis Symptom Assessment Form version 4.0; MRI: Magnetic resonance imaging; SVR: Spleen volume reduction; TSS: Total symptom score.

and safety of navtemadlin versus placebo when added to ruxolitinib. Exploratory endpoints (Table 3) include other quality of life measures and changes in potential markers of disease modification, such as circulating CD34⁺ cell counts, driver and high molecular risk (HMR) mutations, blood inflammatory markers, and changes in bone marrow fibrosis (baseline to 24 weeks after randomization, and every 24 weeks thereafter).

3.4. Assessments

Spleen volume will be assessed by using MRI or CT imaging, with all scans reviewed by an independent blinded central imaging vendor. Symptom burden will be measured using the MFSAF v.4.0, comprising 7 core symptoms (fatigue, bone pain, pruritus, night sweats, abdominal discomfort, pain under the ribs on the left side, and early satiety) [2]. Patients will complete daily symptom diaries, and weekly TSS will be calculated as the average of daily scores over a 7-day period. This same method was used in

all navtemadlin studies discussed herein, except for study KRT-232-101 Part A where the modified MFSAF v2.0 was used [45]. All biomarker evaluations and assessments will be independently conducted by central testing.

3.5. Interventions

During the run-in period, ruxolitinib dose reductions may be considered at the investigator's discretion to manage treatment-emergent thrombocytopenia and anemia, known effects of ruxolitinib [19].

In the randomized phase of POIESIS, patients receiving navtemadlin will also receive anti-emetic prophylaxis with ondansetron 8 mg orally twice daily; administered 30 min before and 8 hr after each navtemadlin dose on Days 1–7 of each 28-day cycle. Ondansetron may be continued on navtemadlin non-treatment days at the investigator's discretion. Additionally, patients will receive anti-diarrheal prophylaxis with loperamide 2 mg orally twice daily on navtemadlin treatment days for at least the first two cycles. Patients randomized to placebo will receive matching placebo prophylactic medications.

During the randomized phase, per-protocol dose modifications of navtemadlin/placebo and/or ruxolitinib are based on the nature and severity of the adverse event (hematologic or non-hematologic), the patient's stable ruxolitinib dose at the time of the event, and the frequency of prior toxicity occurrences. Escalation or re-escalation of ruxolitinib dose above the pre-randomization stable dose is not permitted during the randomized period.

Table 3. Study endpoints.

Co-primary endpoints	<ul style="list-style-type: none"> ● Proportion of patients who achieve targeted SVR by MRI/CT (central review), in each arm, at 24 weeks post-randomization from the pre-randomization baseline ● Proportion of patients who achieve targeted TSS (by MFSAF v4.0), in each arm, at 24 weeks post-randomization from the pre-randomization baseline ● Proportion of patients who achieve established SVR threshold by MRI/CT (central review), in each arm, at 24 weeks post-randomization from the pre-ruxolitinib baseline ● Proportion of patients who achieve established TSS threshold (by MFSAF v4.0), in each arm, at 24 weeks post-randomization from the pre-ruxolitinib baseline
Key secondary endpoints	<ul style="list-style-type: none"> ● Progression-free survival (including leukemia-free survival) in each arm ● Overall survival in each arm ● Duration of spleen response in each arm ● Spleen response rate (by MRI/CT) at any time in the randomized period in each arm ● Spleen size reduction as measured by palpation in each arm ● Safety and tolerability of navtemadlin versus placebo as add-on to ruxolitinib
Exploratory endpoints	<ul style="list-style-type: none"> ● Time to achieve spleen response and symptom response in each arm ● Quality of life in each arm ● Clinical efficacy of navtemadlin versus placebo as add-on to ruxolitinib as correlated with selected biomarkers, including the following: <ul style="list-style-type: none"> – Circulating CD34⁺ MF cell counts in the peripheral blood – High molecular risk mutations – Blood inflammatory markers ● Changes in MPN driver gene VAF in each arm (central testing) ● Changes in the bone marrow in each arm (central review)

Abbreviations: CT: Computed tomography; MFSAF v4.0: Myelofibrosis Symptom Assessment Form version 4.0; MRI: Magnetic resonance imaging; SVR: Spleen volume reduction; TSS: Total symptom score.

Study treatment will continue until disease progression per modified IWG-MRT criteria [50] ($\geq 25\%$ spleen volume enlargement compared with baseline, or leukemic transformation), unacceptable toxicity, death, or withdrawal of consent. Patients who discontinue treatment due to disease progression will be monitored long-term for survival and subsequent anticancer therapy every 12 weeks until the end of the study.

3.6. Study size and timeline

Approximately 600 JAK inhibitor-naïve MF patients are expected to be enrolled to achieve the target 180 patients randomized into the add-on treatment period. The sample size was selected to ensure adequate statistical power based on data from a prior study of navtemadlin add-on to ruxolitinib [44]. The study is projected to conclude approximately 24 months after the last patient is randomized. At that timepoint, patients who remain on study treatment may be considered for eligibility to enroll in a rollover study.

3.7. Study enrollment sites

POIESIS is being conducted in approximately 254 cancer centers across at least 23 countries, including the United States, the United Kingdom, Australia, Belgium, Croatia, France, Georgia, Germany, Greece, Italy, Romania, Serbia, and Spain. Enrollment began in late 2024, and the study is actively recruiting patients at the time of this publication. A complete list of study sites is available at ClinicalTrials.gov (NCT06479135), EUclinicaTrials.EU (EUCT 2023-504724-25-00) and <https://poiesis-trial.com/>.

3.8. Statistical analysis

Descriptive statistics will summarize data from the ruxolitinib run-in period. Efficacy analyses will be evaluated on the ITT population. For the co-primary and secondary endpoints, two-arm response rates will be tested using a Cochran-Mantel-Haenszel test stratified by the randomization stratification factors, and the difference between the two arms will be displayed with 95% confidence intervals. Analysis of time-to-event endpoints, such as OS, will be provided based on Kaplan-Meier estimates. All randomized patients who receive ≥ 1 dose of navtemadlin or placebo will be included in the safety analyses.

4. Conclusion

Previous registrational phase III trials have shown that fewer than 30% of JAK inhibitor-naïve MF patients achieve an optimal response (i.e., SVR35 and TSS50) with ruxolitinib monotherapy, highlighting an urgent unmet need for improved therapeutic strategies.

POIESIS is a global, registrational, randomized phase III study designed to evaluate the efficacy and safety of navtemadlin as an add-on to ruxolitinib for the treatment of JAK inhibitor-naïve *TP53*^{WT} MF patients who have a suboptimal response to ruxolitinib. The POIESIS trial is strongly supported by data evidencing preclinical synergy of the combination with complementary mechanisms of action, robust clinical

results from navtemadlin monotherapy and add-on studies, and disease-modifying potential demonstrated by prominent surrogate biomarker changes.

The POIESIS trial features an innovative and unique design that includes an initial ruxolitinib run-in period followed by a randomized add-on phase, reflecting a real-world treatment approach, in which add-on therapy is introduced for patients with a suboptimal response to standard-of-care treatment. The study objectives will determine the clinical benefit of add-on navtemadlin in the setting of continuous ruxolitinib use and assess if this contribution is clinically meaningful in patients with a suboptimal response.

Taken together, POIESIS represents a promising opportunity to advance treatment for MF patients and evaluate the clinical benefit of a novel, mechanism-based, disease-modifying strategy in a population with a persistent unmet need.

Acknowledgments

The authors thank the co-investigators on the clinical study, as well as patients, families, and caregivers who are participating in the study.

Author contributions

Pankit Vachhani: Investigation, Methodology, Writing – review & editing, Supervision.

Abdulraheem Yacoub: Investigation, Writing – review & editing.

Raajit Rampal: Investigation, Writing – review & editing.

Terence Bradley: Investigation, Writing – review & editing.

Claire Harrison: Investigation, Writing – review & editing.

Tania Jain: Investigation, Writing – review & editing.

Andrew Kuykendall: Investigation, Writing – review & editing.

Francesca Palandri: Investigation, Writing – review & editing.

John Mascarenhas: Investigation, Writing – review & editing.

Haifa Al-Ali: Investigation, Writing – review & editing.

Francesco Passamonti: Investigation, Writing – review & editing.

Wayne Rothbaum: Conceptualization, Investigation, Methodology, Writing – original draft, Writing – review & editing.

Srdan Verstovsek: Conceptualization, Investigation, Methodology, Writing – original draft, Writing – review & editing, Supervision.

Florian Heidel: Investigation, Writing – review & editing.

Disclosure statement

Pankit Vachhani: Consulting or Advisory Role: Abbvie, Amgen, Blueprint Medicines, Cogent Biosciences, DISC medicine, Incyte, Sobi, Genentech, Geron, GlaxoSmith Kline, Kartos, Karyopharm, Merck, Novartis, Pfizer, Silence Therapeutics, Stemline, Servier, Syndax, Takeda. Board member: Alabama Cancer Congress.

Abdulraheem Yacoub: consulting or advisory role for Incyte CTI Pharma Pharmaessentia Pfizer Novartis ACCELERON PHARMA Servier ABBVIE Karyopharm Therapeutics INC Apellis Gilead Notable Labs Protagonist Blueprint Medicine GSK and research funding from SOBI Menarini-Stemline.

Raajit Rampal: consulting/advisory role for Incyte Corporation, Celgene/BMS, Blueprint, Abbvie, CTI, Stemline, Galecto, Pharmaessentia, Jubilant, Constellation/Morphosys, Sierra Oncology/GSK, Protagonist, Cogent, Sumitomo Dainippon, Kartos, Servier, Zentalis and Karyopharm; and research funding from Constellation pharmaceuticals, Ryvu, Zentalis, Stemline Therapeutics and Incyte Corporation.

Terence Bradley: consulting/advisory role for Morphosys and Novartis.

Claire Harrison: consulting/advisory role for AbbVie, AOP, BMS, IMAGO, Incyte, Novartis, Galacteo, Geron, GSK, Incyte, Janssen, Keros, MSD, SOBI and Morphosys; honoraria from Novartis, GSK, AOP, Incyte, Sobi, Merck,

Johnson and Johnson, Galecto, Keros, Takeda; speakers bureau participation from Novartis, GSK, BMS, AOP; research funding from Novartis, Incyte, BMS; travel support from Novartis; and other relationships with MPN Voice, EHA, Blood Cancer UK.

Tania Jain: Advisory board participation with Bristol Myers Squibb, Incyte, Abbvie, CTI, Kite, Cogent Biosciences, Blueprint Medicine, Telios pharma, Protagonist therapeutics, Galapagos, Tscan therapeutics, Karyopharm, Morphosys, In8Bio; research funding from CTI, Incyte, Kartos, Tscan, Karyopharm.

Andrew Kuykendall: consulting role for and honoraria from Abbvie, Blueprint Medicines, Celgene/BMS, CTI Biopharma, DISC Medicine, Geron, GSK, Incyte, Karyopharm, MorphoSys, Novartis, PharmaEssentia, Protagonist, and Silence Therapeutics; research funding from AJAX, Blueprint Medicines, BMS, Geron, GSK, Janssen, Kartos, MorphoSys, Novartis, and Protagonist.

Francesca Palandri: Consultancy and honoraria from NOVARTIS, GSK, BMS, INCYTE, SANOFI, TAKEDA, SOBI, AOP.

John Mascarenhas: consulting/advisory role for Abbvie, Geron, BMS, Novartis, Karyopharm, Disc, Sobi, Incyte, Merck, Sumitomo, Pfizer; and research funding from Abbvie, Geron, BMS, Novartis, Karyopharm, Disc, Sobi, Incyte.

Haifa Al-Ali: consulting or advisory role for BMS, Novartis, AbbVie, AOP Pharma, Blueprint, GSK, Otsuka, Stemline, MSD, Takeda; research funding from BMS, Incyte, Novartis; and travel support from Alexion and Abbvie.

Francesco Passamonti: honoraria from Novartis, Bristol-Myers Squibb, Abbvie, GSK, AOP Orphan, Jazz, Menarini Stemline and consulting/advisory role for Novartis, Bristol-Myers Squibb/Celgene, GSK, Abbvie, Keros, Takeda, Sumitomo.

Wayne Rothbaum: employment with Quogue Capital; leadership role with Iovance Biotherapeutics; stocks or other ownership in and travel support from Iovance Biotherapeutics, Kartos Therapeutics, Telios Pharma; and patents, royalties, or other intellectual property from Kartos Therapeutics, Telios Pharma, and Quogue IP Holdings.

Srdan Verstovsek: employment, leadership, and stock or other ownership in Kartos Therapeutics, Inc.

Florian Heidel: honoraria from Novartis, Abbvie, CTI, BMS, MSD, GSK, AOP, Prelude, Silence, Telios, Kartos; consulting/advisory role for Novartis, Abbvie, CTI, BMS, MSD, GSK, AOP, Prelude, Silence, Telios, Kartos; and research funding from Novartis, BMS, CTI.

The authors have no other relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript apart from those disclosed.

Medical writing support was provided by Helen Chifotides, PhD (independent medical writer) and was funded by Kartos Therapeutics.

Reviewer disclosures

Peer reviewers on this manuscript have no relevant financial or other relationships to disclose.

Funding

This manuscript was funded by Kartos Therapeutics. The funder was involved in the study design and collaborated with the authors on the preparation of this manuscript.

Ethical declaration

Signed informed consent is required by patients prior to study initiation. The POIESIS study protocol is approved by the Institutional Ethics Review Board of each participating study site. The study is being performed in accordance with the ethical principles of the Declaration of Helsinki and conducted in line with the International Conference for Harmonization Guidelines for GCP and region-specific laws and regulations. This manuscript has been developed in adherence with SPIRIT guidelines.

Data sharing statement

As this is a Trial-in-Progress article, study data, the protocol, the statistical analysis plan and any other study-related documents will not be shared at this time.

References

Papers of special note have been highlighted as either of interest (*) or of considerable interest ()** to readers.

- Mehta J, Wang H, Iqbal SU, et al. Epidemiology of myeloproliferative neoplasms in the United States. *Leuk Lymphoma*. 2014;55(3):595–600. doi: [10.3109/10428194.2013.813500](https://doi.org/10.3109/10428194.2013.813500)
- Passamonti F, Mora B. Myelofibrosis. *Blood*. 2023;141(16):1954–1970. doi: [10.1182/blood.2022017423](https://doi.org/10.1182/blood.2022017423)
- Akriti AJ, Gerds AT. How I treat anemia in myelofibrosis. *Blood*. 2025;145(16):1738–1746.
- Mascarenhas J, Gleitz HFE, Chifotides HT, et al. Biological drivers of clinical phenotype in myelofibrosis. *Leukemia*. 2023;37(2):255–264. doi: [10.1038/s41375-022-01767-y](https://doi.org/10.1038/s41375-022-01767-y)
- Pasca S, Chifotides HT, Verstovsek S, et al. Mutational landscape of blast phase myeloproliferative neoplasms (BP-MPN) and antecedent MPN. *Inter Rev Cell Mol Biol*. 2022;366:83–124.
- Dunbar AJ, Rampal RK, Levine R. Leukemia secondary to myeloproliferative neoplasms. *Blood*. 2020;136(1):61–70. doi: [10.1182/blood.2019000943](https://doi.org/10.1182/blood.2019000943)
- Szuber N, Mudireddy M, Nicolosi M, et al. 3023 mayo clinic patients with myeloproliferative neoplasms: risk-stratified comparison of survival and outcomes data among disease subgroups. *Mayo Clin Proc*. 2019;94(4):599–610. doi: [10.1016/j.mayocp.2018.08.022](https://doi.org/10.1016/j.mayocp.2018.08.022)
- Pasquer H, Kiladjian J-J, Benajiba L. Current myeloproliferative neoplasm scoring systems for clinical practice. *Blood*. 2025;145(3):257–276. doi: [10.1182/blood.2024025459](https://doi.org/10.1182/blood.2024025459)
- Gowin K, Ballen K, Ahn KW, et al. Survival following allogeneic transplant in patients with myelofibrosis. *Blood Adv*. 2020;4(9):1965–1973. doi: [10.1182/bloodadvances.2019001084](https://doi.org/10.1182/bloodadvances.2019001084)
- Masarova L, Chifotides HT. How I individualize selection of JAK inhibitors for patients with myelofibrosis. *Blood*. 2025;145(16):1724–1737. doi: [10.1182/blood.2023022415](https://doi.org/10.1182/blood.2023022415)
- Vachhani P, Verstovsek S, Bose P. Cytopenic myelofibrosis: prevalence, relevance, and treatment. *Expert Opin Pharmacother*. 2023;24(8):901–912. doi: [10.1080/14656566.2023.2203318](https://doi.org/10.1080/14656566.2023.2203318)
- Chifotides HT, Bose P, Verstovsek S. Momelotinib: an emerging treatment for myelofibrosis patients with anemia. *J Hematol Oncol*. 2022;15(1):7. doi: [10.1186/s13045-021-01157-4](https://doi.org/10.1186/s13045-021-01157-4)
- Palandri F, Breccia M, Bonifacio M, et al. Life after ruxolitinib: reasons for discontinuation, impact of disease phase, and outcomes in 218 patients with myelofibrosis. *Cancer*. 2020;126(6):1243–1252. doi: [10.1002/cncr.32664](https://doi.org/10.1002/cncr.32664)
- This observational, retrospective study reported the discontinuation rate of ruxolitinib in patients with myelofibrosis at 3 years (40.8%); the study was conducted in 20 European hematology centers.**
- Verstovsek S, Mesa R, Gotlib J, et al. Efficacy, safety, and survival with ruxolitinib in patients with myelofibrosis: results of a median 3-year follow-up of COMFORT-I. *Haematologica*. 2015;100(4):479–488. doi: [10.3324/haematol.2014.115840](https://doi.org/10.3324/haematol.2014.115840)
- Verstovsek S, Mesa RA, Gotlib J, et al. Long-term treatment with ruxolitinib for patients with myelofibrosis: 5-year update from the randomized, double-blind, placebo-controlled, phase 3 COMFORT-I trial. *J Hematol Oncol*. 2017;10(1):55. doi: [10.1186/s13045-017-0417-z](https://doi.org/10.1186/s13045-017-0417-z)
- Five-year results of the registrational phase 3 study COMFORT-I, which showed that ruxolitinib prolonged overall survival in patients with myelofibrosis. This long-term study also demonstrated that 75% of patients had discontinued ruxolitinib after 5 years.**
- Mascarenhas J, Mehra M, He J, et al. Patient characteristics and outcomes after ruxolitinib discontinuation in patients with myelofibrosis. *J Med Econ*. 2020;23(7):721–727. doi: [10.1080/13696998.2020.1741381](https://doi.org/10.1080/13696998.2020.1741381)
- This retrospective study reported a median overall survival of 11 months in patients with myelofibrosis after ruxolitinib discontinuation.**
- Kuykendall AT, Shah S, Talati C, et al. Between a rux and a hard place: evaluating salvage treatment and outcomes in myelofibrosis after ruxolitinib discontinuation. *Ann Hematol*. 2018;97(3):435–441. doi: [10.1007/s00277-017-3194-4](https://doi.org/10.1007/s00277-017-3194-4)
- Study reporting the median overall survival (13 months) of patients with myelofibrosis after ruxolitinib discontinuation.**
- Verstovsek S, Kantarjian HM, Estrov Z, et al. Long-term outcomes of 107 patients with myelofibrosis receiving JAK1/JAK2 inhibitor ruxolitinib: survival advantage in comparison to matched historical controls. *Blood*. 2012;120(6):1202–1209. doi: [10.1182/blood-2012-02-414631](https://doi.org/10.1182/blood-2012-02-414631)
- Verstovsek S, Mesa RA, Livingston RA, et al. Ten Years of treatment with ruxolitinib for myelofibrosis: a review of safety. *J Hematol Oncol*. 2023;16(1):82. doi: [10.1186/s13045-023-01471-z](https://doi.org/10.1186/s13045-023-01471-z)
- Verstovsek S, Kiladjian J-J, Vannucchi AM, et al. Early intervention in myelofibrosis and impact on outcomes: a pooled analysis of the COMFORT-I and COMFORT-II studies. *Cancer*. 2023;129(11):1681–1690. doi: [10.1002/cncr.34707](https://doi.org/10.1002/cncr.34707)
- Verstovsek S, Mesa RA, Gotlib J, et al. A double-blind, placebo-controlled trial of ruxolitinib for myelofibrosis. *N Engl J Med*. 2012;366(9):799–807. doi: [10.1056/NEJMoa1110557](https://doi.org/10.1056/NEJMoa1110557)
- Original publication about the registrational phase 3 trial COMFORT-I, which was the first randomized study to demonstrate the superiority of ruxolitinib versus placebo regarding spleen volume reduction and symptom improvements. The study COMFORT-I supported the regulatory approval of ruxolitinib, the first JAK1/2 inhibitor, as a treatment for patients with myelofibrosis, in 2011.**
- Mesa RA, Kiladjian J-J, Catalano JV, et al. SIMPLIFY-1: a phase III randomized trial of momelotinib versus ruxolitinib in Janus kinase inhibitor-naïve patients with myelofibrosis. *J Clin Oncol*. 2017;35(34):3844–3850. doi: [10.1200/JCO.2017.73.4418](https://doi.org/10.1200/JCO.2017.73.4418)
- This article reported the final results of the phase 3 clinical trial SIMPLIFY-1, which partially supported the regulatory approval of momelotinib as a treatment for patients with myelofibrosis and anemia, in 2023.**
- Rampal RK, Grosicki S, Chranik D, et al. Pelabresib plus ruxolitinib for JAK inhibitor-naïve myelofibrosis: a randomized phase 3 trial. *Nat Med*. 2025;31(5):1531–1538. doi: [10.1038/s41591-025-03572-3](https://doi.org/10.1038/s41591-025-03572-3)
- Harrison C, Kiladjian JJ, Al-Ali HK, et al. JAK inhibition with ruxolitinib versus best available therapy for myelofibrosis. *N Engl J Med*. 2012;366(9):787–798. doi: [10.1056/NEJMoa1110556](https://doi.org/10.1056/NEJMoa1110556)
- Original publication about the registrational phase 3 trial COMFORT-II, which supported the regulatory approval of ruxolitinib, the first JAK1/2 inhibitor, as a treatment for patients with myelofibrosis, in 2011.**
- Harrison CN, Koschmieder S, Foltz L, et al. The impact of myeloproliferative neoplasms (MPNs) on patient quality of life and productivity: results from the international MPN landmark survey. *Ann Hematol*. 2017;96(10):1653–1665. doi: [10.1007/s00277-017-3082-y](https://doi.org/10.1007/s00277-017-3082-y)
- Mesa RA, Gotlib J, Gupta V, et al. Effect of ruxolitinib therapy on myelofibrosis-related symptoms and other patient-reported outcomes in COMFORT-I: a randomized, double-blind, placebo-controlled trial. *J Clin Oncol*. 2013;31(10):1285–1292. doi: [10.1200/JCO.2012.44.4489](https://doi.org/10.1200/JCO.2012.44.4489)
- Kosiorek HE, Scherber RM, Geyer H, et al. Quality of life independently predicts overall survival in myelofibrosis: key insights from the COntrolled MyeloFibrosis Study with ORal Janus kinase inhibitor Treatment (COMFORT)-I study. *Br J Haematol*. 2022;198(6):1065–1068. doi: [10.1111/bjh.18329](https://doi.org/10.1111/bjh.18329)
- Vannucchi AM, Kantarjian HM, Kiladjian J-J, et al. A pooled analysis of overall survival in COMFORT-I and COMFORT-II, 2 randomized phase III trials of ruxolitinib for the treatment of myelofibrosis. *Haematologica*. 2015;100(9):1139–1145. doi: [10.3324/haematol.2014.119545](https://doi.org/10.3324/haematol.2014.119545)

- **Pooled analysis of the registrational phase 3 COMFORT studies demonstrated the important correlation between spleen volume reduction while on ruxolitinib and overall survival in patients with myelofibrosis.**
- 29. Maffioli M, Mora B, Ball S, et al. A prognostic model to predict survival after 6 months of ruxolitinib in patients with myelofibrosis. *Blood Adv.* 2022;6(6):1855–1864. doi: 10.1182/bloodadvances.2021006889
- **Report on the findings from the real-world RUXOREL-MF study, which identified 4 risk factors and the corresponding prognostic model to estimate the overall survival of patients with myelofibrosis after 6 months of ruxolitinib treatment.**
- 30. Sastow DL, Goulart H, Bedirian K, et al. Systematic review and meta-analysis of spleen volume reduction and overall survival in myelofibrosis patients treated with JAK inhibitors. *Blood.* 2024;144(Suppl.1):6665.
- **Large study that analyzed data from the phase 3 clinical trials COMFORT, SIMPLIFY, and PERSIST-2, and five retrospective studies, demonstrating the association of attaining SVR% endpoints with lower mortality risk.**
- 31. Ajufo H, Bewersdorf JP, Harrison C, et al. Pacritinib response is associated with overall survival in myelofibrosis: PERSIST-2 landmark analysis of survival. *Eur J Hematol.* 2025;114(2):238–247. doi: 10.1111/ejh.14321
- **Retrospective study that demonstrated the correlation between spleen volume reduction (from pacritinib treatment) and overall survival of patients with myelofibrosis and thrombocytopenia, based on the data of the phase 3 trial PERSIST-2.**
- 32. Manz K, Heidel FH, Koschmieder S, et al. Comparison of recognition of symptom burden in MPN between patient- and physician-reported assessment – an individual analysis by the German study group for MPN (GSG-MPN). *Leukemia.* 2025;39(4):864–875. doi: 10.1038/s41375-025-02524-7
- 33. Mascarenhas J, Verstovsek S. The clinical dilemma of JAK inhibitor failure in myelofibrosis: predictive characteristics and outcomes. *Cancer.* 2022;128(14):2717–2727. doi: 10.1002/cncr.34222
- 34. Bose P, Verstovsek S. SOHO state of the art updates and next questions: identifying and treating “progression” in myelofibrosis. *Clin Lymphoma Myeloma Leuk.* 2021;21(10):641–649. doi: 10.1016/j.clml.2021.06.008
- 35. Vogelstein B, Lane D, Levine AJ. Surfing the p53 network. *Nature.* 2000;408(6810):307–310. doi: 10.1038/35042675
- 36. Sun D, Li Z, Rew Y, et al. Discovery of AMG 232, a potent, selective, and orally bioavailable MDM2-p53 inhibitor in clinical development. *J Med Chem.* 2014;57(4):1454–1472.
- **Original publication reporting the discovery of navtemadlin (AMG-232, KRT-232), a highly potent inhibitor of mouse double minute 2 (MDM2).**
- 37. Singh R, Letai A, Sarosiek K. Regulation of apoptosis in health and disease: the balancing act of BCL-2 family proteins. *Nat Rev Mol Cell Biol.* 2019;20(3):175–193. doi: 10.1038/s41580-018-0089-8
- 38. Verstovsek S, Al-Ali HK, Mascarenhas J, et al. BOREAS: a global, phase III study of the MDM2 inhibitor navtemadlin (KRT-232) in relapsed/refractory myelofibrosis. *Future Oncol.* 2022;18(37):4059–4069. doi: 10.2217/fo-2022-0901
- **Comprehensive article presenting the design of the global, randomized phase 3 clinical trial BOREAS. The article also presents an overview and a professional graphical abstract detailing navtemadlin’s biological mechanism of action (MDM2 inhibitor).**
- 39. Canon J, Osgood T, Olson SH, et al. The MDM2 inhibitor AMG 232 demonstrates robust antitumor efficacy and potentiates the activity of p53-inducing cytotoxic agents. *Mol Cancer Ther.* 2015;14(3):649–658. doi: 10.1158/1535-7163.MCT-14-0710
- **Identification of navtemadlin’s (AMG-232, KRT-232) mechanism of action in preclinical in vitro and in vivo tumor models.**
- 40. Gluck WL, Gounder MM, Frank R, et al. Phase 1 study of the MDM2 inhibitor AMG 232 in patients with advanced p53 wild-type solid tumors or multiple myeloma. *Invest New Drugs.* 2020;38(3):831–843. doi: 10.1007/s10637-019-00840-1
- **First-in-human phase 1 study of navtemadlin that demonstrated dose-proportional plasma concentrations, tolerability, the optimal dose and schedule, and preliminary antitumor activity in TP53^{WT} patients with solid tumors or hematologic malignancies.**
- 41. Vachhani P, Lange A, Garcia Delgado R, et al. Potential disease-modifying activity of navtemadlin (KRT-232), a first-in-class MDM2 inhibitor, correlates with clinical benefits in relapsed/refractory myelofibrosis (MF). *Blood.* 2021;138(Suppl.1):3581.
- **First study demonstrating that navtemadlin-induced spleen responses significantly correlated with reductions in biomarkers of disease burden in patients with myelofibrosis that relapsed/was refractory to JAK inhibitors, in the phase 2 study KRT-232–101 Part A.**
- 42. Vachhani P, Perkins A, Mascarenhas J, et al. S214: disease-modifying activity of navtemadlin (nvtm) correlated with survival outcomes in Janus kinase inhibitor (JAKi) relapsed or refractory (R/R) myelofibrosis (MF) patients. *Hemasphere.* 2023;7(S3):S214. doi: 10.1097/01.HS9.0000967768.05521.ca
- **First report demonstrating that navtemadlin-induced spleen responses significantly correlated with decreases in biomarkers of disease burden in myelofibrosis that relapsed/was refractory to JAK inhibitors, in the phase 2 study KRT-232–101 Part A.**
- 43. Mascarenhas J, Bose P, Hou H-A, et al. Disease-modifying activity of navtemadlin correlates with clinical responses in a randomized, multicenter, global phase 3 study (BOREAS) in JAK-inhibitor relapsed/refractory myelofibrosis. *Blood.* 2024;144(Suppl.1):483–485.
- **This abstract reported the significant correlations between navtemadlin-induced decreases in prominent biomarkers with the magnitude of spleen volume reduction, in the phase 3 BOREAS study conducted in patients with myelofibrosis that relapsed or was refractory to JAK inhibitors.**
- 44. Mascarenhas J, Jain T, Otoukesh S, et al. An open-label, global phase 1b/2 study adding navtemadlin (NVTM) to ruxolitinib (RUX) in patients (PTS) with primary or secondary myelofibrosis (MF) who have a suboptimal response to RUX. *Hemasphere.* 2023;7(S3):S210. doi: 10.1097/01.HS9.0000967752.72578.ff
- **Report on the first proof-of-concept phase 1b/2 clinical study that assessed the synergistic efficacy of navtemadlin added on to ruxolitinib in patients with myelofibrosis who had a suboptimal response to ruxolitinib monotherapy. The results of this phase 1b/2 study supported the design of the registrational phase 3 study POIESIS.**
- 45. Al-Ali HK, Delgado RG, Lange A, et al. KRT-232, a first-in-class, murine double minute 2 inhibitor (MDM2i), for myelofibrosis (MF) relapsed or refractory (R/R) to Janus-associated kinase inhibitor (JAKi) treatment. *Hemasphere.* 2020;4:S215.
- **Initial report of the phase 2 dosing, safety, and efficacy results from the BOREAS trial, an open-label, single-arm, two-part, global study of navtemadlin (KRT-232) in patients with myelofibrosis who were relapsed/refractory to JAK inhibitor treatment.**
- 46. Mascarenhas J, Popov VM, Sanjay Mohan S, et al. Results from the randomized, multicenter, global phase 3 BOREAS study: navtemadlin versus best available therapy in JAK inhibitor relapsed/refractory myelofibrosis. *Blood.* 2024;144(Suppl.1):1000. doi: 10.1182/blood-2024-201642
- **Initial report with the clinical findings of the first randomized phase 3 clinical trial BOREAS that evaluated navtemadlin in patients with myelofibrosis who relapsed/were refractory to JAK inhibitor treatment.**
- 47. Clevenger T, Cheung J, Krantz F, et al. Adding navtemadlin to ruxolitinib potentiates apoptosis in myeloblasts from patients

- with myelofibrosis. *Hemasphere*. 2023;7(S3):abstract P991. doi: [10.1097/01.HS9.0000970868.28141.7f](https://doi.org/10.1097/01.HS9.0000970868.28141.7f)
- **Important preclinical study demonstrating the synergy of navtemadlin combined with ruxolitinib in inducing apoptosis of myelofibrosis patient-derived progenitor cells.**
48. Tefferi A, Cervantes F, Mesa R, et al. Revised response criteria for myelofibrosis: International working group-myeloproliferative neoplasms research and treatment (IWG-MRT) and European LeukemiaNet (ELN) consensus report. *Blood*. 2013;122(8):1395–1398. doi: [10.1182/blood-2013-03-488098](https://doi.org/10.1182/blood-2013-03-488098)
 49. Ling VY, Heldel FH, Bywter MJ. Pathogenesis and management of high molecular risk myeloproliferative neoplasms. *Haematologica*. 2025;110(4):863–876.
 50. Perner F, Pahl HL, Zeiser R, et al. Malignant JAK-signaling: at the interface of inflammation and malignant transformation. *Leukemia*. 2025;39(5):1011–1030. doi: [10.1038/s41375-025-02569-8](https://doi.org/10.1038/s41375-025-02569-8)
 51. Vachhani P, Rampal R, Bradley T, et al. POIESIS: a randomized, double-blind, placebo-controlled, multicenter, global phase 3 study of MDM2 inhibitor navtemadlin as add-on to ruxolitinib in JAK inhibitor-naïve patients with myelofibrosis who have a suboptimal response to ruxolitinib. *Blood*. 2024;144(Suppl.1):1808.2–1808.4.
 - **First report of the design of the registrational phase 3 clinical trial POIESIS, evaluating navtemadlin as add-on to ruxolitinib in JAK inhibitor-naïve patients with myelofibrosis who have a suboptimal response to ruxolitinib.**
 52. Khoury JD, Solary E, Abla O, et al. The 5th edition of the World Health Organization classification of haematolymphoid tumours: myeloid and histiocytic/dendritic neoplasms. *Leukemia*. 2022;36(7):1–17. doi: [10.1038/s41375-022-01613-1](https://doi.org/10.1038/s41375-022-01613-1)
 53. Gwaltney C, Paty J, Kwitkowski VE, et al. Development of a harmonized patient-reported outcome questionnaire to assess myelofibrosis symptoms in clinical trials. *Leuk Res*. 2017;5:26–31.